



### Health Information

Do you have any physical conditions that may limit you, such as serious allergies requiring medication, back problems, limited mobility, asthma, etc?

No \_\_\_\_ If yes, please explain: \_\_\_\_\_

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Are you currently taking any prescription medications?

No \_\_\_\_ If yes, please list all medications: \_\_\_\_\_

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Do you have any specific **MEDICALLY RELATED** dietary restriction?

No \_\_\_\_ If yes, please specify: \_\_\_\_\_

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### Outreach Mission Commitment

Desiring to serve with *Shepherd's Heart Ministries*, I understand that my presence and conduct will be a reflection of the ministry; therefore I pledge to represent and submit to *SHMI* with purity and Godliness. I will commit myself to seeking and participating in only those things that gratify and glorify Christ. (Philippians 4:8) I will commit myself to being a Godly example to those around me. Realizing that all things are permissible but not beneficial (1 Corinthians 6:12), I am willing to submit to alterations in my dress, for example, and restrain my personal freedoms in an effort to become all things to all people that I could help win them to Christ. (1 Corinthians 9:19) I choose to be a blessing instead of a burden, lifting the hands of the *SHMI* leadership and will look for opportunities to serve. I understand that I am to be part of a team and therefore everything I do affects the entire team. I choose to think before I act and consider others in my decisions.

*(Please select below)*

Yes, I have read, understood and agree to the Commitment Statement above.